



Parent Workshop

Winshill Village Nursery

We aim to offer you

- The importance of teaching independence
- Ways to support your child's speech development
 - Ideas to encourage listening at home

Introduction



- Register, please ensure you have completed. Fire alarm and mobile phones
 - Teaching independence
 - Importance of early speech and language



Winshill Village: A Place to Dream Big and Learn Without Limits





Winhill Village: A Place to Dream Big and Learn Without Limits

Finding out something new by exploring, observing, or trying things out.



Try Everything - Shakira

Treating others the way you want to be treated — with kindness, care, and good manners.



Count On Me – Bruno Mars

Trying your best, even when something is hard — and not giving up.



Hall of Fame – The Script

Having a dream or goal for the future — and believing you can get there by working hard.



A Million Dreams –
The Greatest Showman

Paying full attention to what you're doing, thinking, or feeling — right now, in the moment.



Three Little Birds -
Bob Marley

Feeling accepted, included, and safe — like you are part of something special.



We're All In This Together -
High School Musical

Doing things by yourself, making your own choices, and trying to solve problems.



Roar – Katie Perry

Getting better at something through practice, learning, and trying — even when it's hard.



The Climb – Miley Cyrus



Independence



- Children need to learn to complete simple tasks and learn skills from an early age.

Asking for help when they need it.

Teach children to get undressed – this supports toilet training.

Teach children to get dressed – one item at a time.

Putting coats on – coat trick, then zip



Independence



- Children need to learn to complete simple tasks and learn skills from an early age.

Shoes and socks – no laces unless they can tie them
Washing their hands, rolling their sleeves up



Independence



- Toilet training

Ensuring children can pull down their trousers/ lift skirts/ dresses and pull up when finished.

Flushing the toilet.

Washing their hands.



Independence



- Children need to learn to complete simple tasks and learn skills from an early age.

Drinking from an open cup

Eating using cutlery, spoons and knife and fork

Opening food items



30 Million words...



It's hard to wrap your mind around the concept of 30 million anything.

It is the gap between the number of words a child hears by the end of age 3 in a language rich environment versus another child.

Thirty million words.

And that gap has a persistent impact on learning, literacy, and education.

30 Million words...



Thirty million words is a metaphor for richness in language environment.

Tune in. This is the first step. You need to be tuned in to what your child is focused on for language to stick. If they're distracted, they aren't really hearing you.

Talk more. Tune in, and then start talking about what you're doing. Start narrating. Start ask question. And use rich words to go along with it.

Take turns. You can respond and keep it going. That's the crux of a rich language environment.

- Getting dressed — and counting
- Playing dress-up — and learning about size and scale
- Helping parent with a problem — and learning emotional self-regulation and problem-solving
- Cooking, tidying up, shopping, walking to school
- Singing, nursesey rhymes.

Lifestyles today



Screen Time Guidelines By Age



Below are screen time recommendations from the American Academy of Pediatrics. *Remember*, it's okay to watch a program for entertainment! Just set guidelines, such as time limits, and make sure these programs are child-friendly and high quality.



Under 18 Months

No screen time except video chatting with family and friends.

Connect with family and develop communication skills.



18-24 Months

Limited screen time.

Video chat. Watch educational or high-quality programs together with child and ask questions to encourage engagement.



2-5 Years Old

1 hour/day and 3 hours/day on weekends.

Limit non-educational screen time. Continue to watch with child to talk about what they're seeing to develop understanding.



6+ Years Old

Parents should monitor media and device usage.

Make sure screen time does not affect sleep, exercise, and family time.



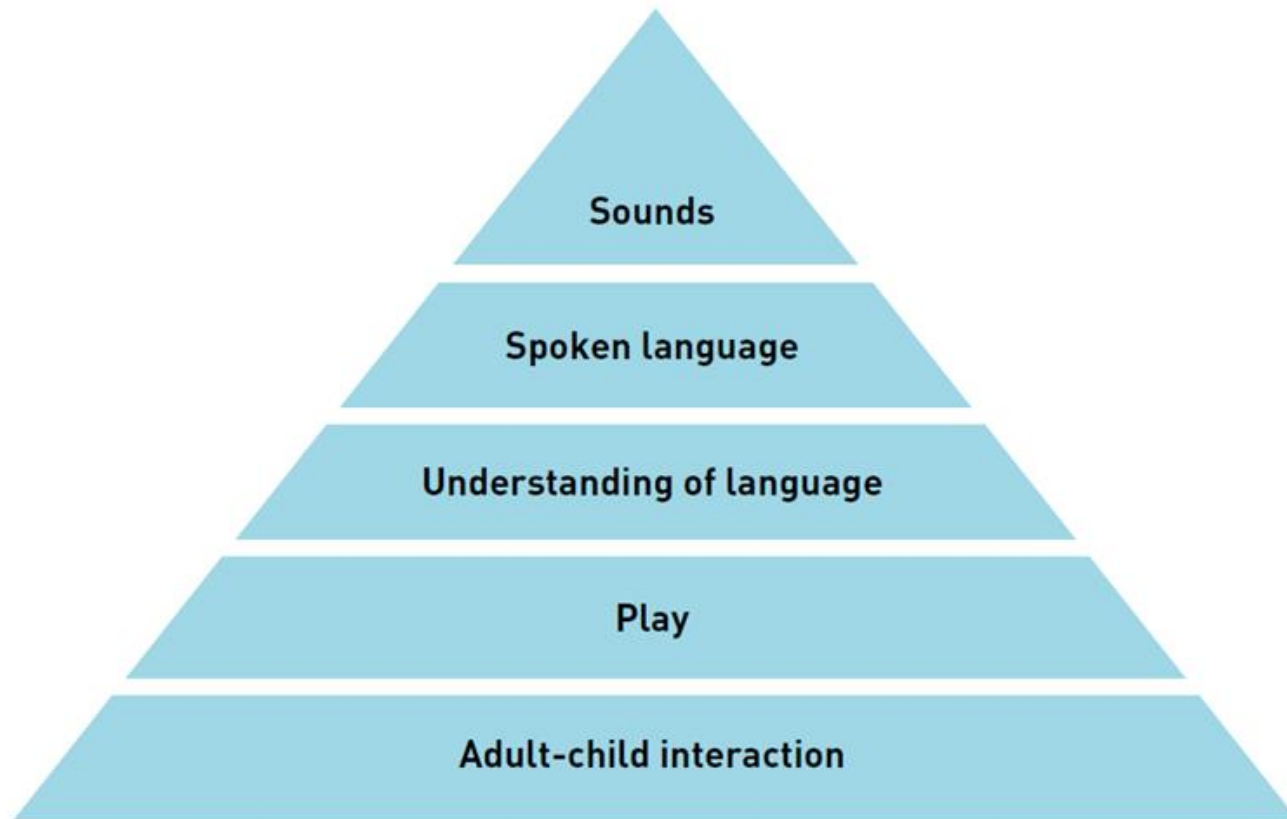
How will it affect my child...



- If a child has a dummy over the age of 12 months, it may:
 - reduce how clear their speech is;
 - affect the way their teeth grow;
 - cause ear infections;
 - increase the amount that they dribble, as they will find it hard to put their lips together and swallow.



Language Development Pyramid



Interaction - play



Play is an essential part of every child's life and is vital for the enjoyment of childhood as well as social, emotional, intellectual and physical development.

Recent research suggests that children's access to good play provision can:

- increase their self-awareness, self-esteem, and self-respect
 - improve and maintain their physical and mental health
 - give them the opportunity to mix with other children
- allow them to increase their confidence through developing new skills
 - promote their imagination, independence and creativity
 - provide opportunities for developing social skills and learning
- build resilience through risk taking and challenge, problem solving, and dealing with new and novel situations
- provide opportunities to learn about their environment and the wider community.

Supporting listening and understanding



- Talking and listening to children does lots of important things.
- It improves your bond with them, and encourages them to listen to you. It helps them to form relationships and to build self-esteem.
- Listening skills are very important because they help children learn how to develop language skills.
- Ensure children complete activities and tasks for themselves, getting dressed, shoes and socks, zipping up coats, going to the toilet.

Speech sounds



1-2 years – p, b, t, d, m, n, w

3 years – h, ng

3 years 6 months – s, f

4 years – c, k, g, l

5 years sh, ch, j (Many children outgrow a lisp in their fifth year)

5 years 6 months – v, z

7 years – r, th

Research shows boys are slower to develop speech sounds

Talking tips for helping your child learn language through stories



Look at the pictures together

Encourage your child to talk by letting them start the conversation

Ask questions about the story

Remember to talk about things your child is especially interested in

Never rush; remember to pause

Ways to develop all children speech

- * Get down to their level, lie or side alongside them and turn off the background noise.
- * **Expanding** your child's sentences, showing how words fit together – for example, if a child says 'dolly hair' you can expand this to 'brush dolly's hair' or 'dolly's hair is brown'.
- * Simply **repeat** what they have said using the right words and sounds; with time they will be able to do it themselves. This is especially important if they are having problems saying a certain word or sound. If you correct them or make them say it again, you can make them feel anxious or frustrated.
- * Do not use the words they use, correctly say the word – Narna – banana



How to support your child...

- * Having a **special time to talk** about the day can be useful as it gives them a time to talk.
- * Talk about **time and sequences** – play with and talk about sequences of coloured bricks or shapes as well as numbers and days of the week.
- * **Share stories**, use puppets, pictures of characters in a story, as well as pictures in a book to help your child listen to and enjoy stories.
- * Play with your child, take their lead and use lots of language.

Little Wandle



Rhyme Time



Little Wandle



ASSISTED BLENDING:

Even before the children are confidently saying their sounds we will begin sounding out words for them, the children need to put the sounds together this is called 'orally blending' as the children are not reading the sounds they are hearing them.

Example – Can you s-i-t on the carpet.

Reception age

- Children begin by learning 'pure' sounds. [For parents | Letters and Sounds](#)
- Common mistakes include mispronunciation which hinders the child's ability to blend.
- Example – 'Muh' instead of 'Mmmmm'.
- Letter names and capital letters.

Useful Websites

[Tiny Happy People](#)

<https://www.stokespeaks.org/parents-carers>

[Homepage | Best Start in Life](#)

[For parents | Letters and Sounds – Little Wandle](#)

Nursery fund

Thank you for the previous half term donations of Nursery Fund.

We have used the fund to buy play dough for dough disco and other items to enhance our sessions.

Many thanks, the next half term is 7 weeks, please send £7 in cash or £38 for the whole year. Please pay in cash to the Nursery staff.

Many thanks.